



20000 68th Ave W  
Lynnwood, WA 98036-5999  
www.edcc.edu

# Social and Human Services Human Services Associate of Technical Arts Degree Program Requirements 2011-2012

**Student Name** \_\_\_\_\_  
**Student ID** \_\_\_\_\_

**Program Description** This program provides the foundation, knowledge and skills for effective work with individuals and families experiencing a variety of life issues. The focus of this degree is to equip students to successfully compete for entry level positions assisting and empowering consumers served by a variety of human services programs. All students take a core set of foundational requirements related to employment in social services. Due to the breadth of the human services field, students are encouraged to pursue their own special interest by picking one of six elective clusters

- Activities, Recreation, and Health & Wellness
- Case Management, Mental Health, and Rehabilitation Services
- Children and Youth Services
- Family Support Services
- Senior Services
- Substance Abuse

Toward the end of their course work, students have the opportunity to put their knowledge and abilities into practice during two quarters of field practicum in a community setting under the supervision of professionals in the student's area of interest.

Upon completion of this degree, students may seek employment in a range of private and public agencies in areas such as case management, vocational rehabilitation, mental health services, senior services, advocacy, and assessment and evaluation services.

**Degree Outcomes** Upon satisfactory completion of this degree, students will be able to

- Demonstrate an understanding of human development over the lifespan; its application to services and activities that might be provided to diverse consumer populations
- Demonstrate necessary skills for ethical and positive work with consumers, such as communication, group interaction, problem solving, and crisis management techniques
- Gather, assemble, and interpret data to determine consumers' strengths and barriers impacting their ability to overcome adversity or achieve valued life goals
- Identify and evaluate evidence-based practice methods, including principles, strategies and techniques that can be used to assist consumers in reaching their service goals
- Help consumers locate, access, develop and make use of supportive and helpful resources and opportunities in their social environment
- Apply their knowledge of key issues in their area of specialization in order to work in a range of community settings with a variety of consumer populations

Outcomes for Edmonds Community College degrees and certificates can be found in the online college catalog at the bottom of each degree or certificate. To find specific outcomes, click on the degree or certificate from the program list in the online catalog at <http://catalog.edcc.edu>.

**Common Course Numbering Changes** Please refer to [www.edcc.edu/ccn](http://www.edcc.edu/ccn) for more information.

**Credit/Grade Requirements** This ATA degree requires successful completion of a minimum of **90** credits as outlined. A minimum of 30 credits or one-third of the required credits, whichever is less, must be earned at Edmonds Community College. Students are required to maintain a minimum cumulative grade point average of 2.0 in all college-level courses.

**General Education/Related Instruction Requirements**

Students who complete degrees or certificates of 45 credits or more are required to demonstrate learning in the following general education/related instruction areas: communications, computation/quantitative skills, and human relations/group interaction.

**Cultural Diversity** Edmonds Community College requires that students earning a degree or certificate of 45 credits or more meet the Cultural Diversity Requirement. Courses that satisfy this requirement are marked as ".CD" on the requirement sheet and/or "Meets Cultural Diversity Requirement" in the quarterly class schedule.

**Students are advised to**

- Plan their schedule several quarters in advance in order to accommodate courses that are offered only once or twice a year
- Review the college catalog for required course prerequisites and include these in schedule planning
- Communicate with a faculty adviser (see below)

**Graduation Application** A completed Graduation Application form must be submitted to Enrollment Services by the 10<sup>th</sup> day of the quarter in which the student expects to graduate. Forms are available at Enrollment Services located in Lynnwood Hall, or online at [www.edcc.edu/credentials/](http://www.edcc.edu/credentials/)

**Advisers** The advisers for this program are

|                |                         |              |
|----------------|-------------------------|--------------|
| Paul Ancona    | pancona@edcc.edu        | 425-640-1605 |
| Karen Townsend | karen.townsend@edcc.edu | 425-640-1595 |
| Tui Lindsey    | tui.lindsey@edcc.edu    | 425-640-1633 |

**College Resources**

|                       |   |
|-----------------------|---|
| Department Website    | <a href="http://shs.edcc.edu/">http://shs.edcc.edu/</a>             |
| Home Page             | <a href="http://www.edcc.edu">http://www.edcc.edu</a>               |
| How to Enroll         | <a href="http://getstarted.edcc.edu">http://getstarted.edcc.edu</a> |
| Transfer Center       | <a href="http://transfer.edcc.edu">http://transfer.edcc.edu</a>     |
| Advising appointments | 425-640-1458  |
| College Bookstore     | <a href="http://bookstore.edcc.edu">http://bookstore.edcc.edu</a>   |

| Course  |       |   | Qtr | Credit | Grade |
|---|-------|---|-----|--------|-------|
| <b>I. General Education/Related Instruction Requirements (12 credits)</b> |       |   |     |        |       |
| <b>Communication Skills - 5 credits</b>                                   |       |   |     |        |       |
| ENGL&   | 101   | English Composition I                   | OR  | _____  | _____ |
| BSTEC   | 110   | Business Communications:CD              |     | 5      | _____ |
| <b>Computation/Quantitative Skills - 3-5 credits</b>                      |       |   |     |        |       |
| BUS   | 130   | Business Math                           | OR  | _____  | _____ |
| ECE   | 120   | Mathematics in ECE                      | OR  | 5      | _____ |
| MATH  | _____ | _____                                   | *   | _____  | _____ |
| <b>Human Relations/Group Interaction - 4 credits</b>                      |       |   |     |        |       |
| SHS   | 115   | Interpersonal & Group Work              |     | 4      | _____ |
| <b>II. Career Management (11 credits)</b>                                 |       |   |     |        |       |
| SHS   | 100   | Orientation in Human Services           |     | 1      | _____ |
| SHS   | 210   | Pre-Practicum Seminar                   |     | 2      | _____ |
| SHS   | 211   | Beginning Field Practicum               |     | 4      | _____ |
| SHS   | 212   | Advanced Field Practicum                |     | 4      | _____ |
| <b>III. Core Requirements (45 credits)</b>                                |       |   |     |        |       |
| ACD   | 140   | Survey of Alcohol & Chemical Dependency |     | 5      | _____ |
| SHS   | 103   | Introduction to Human Services          |     | 5      | _____ |
| SHS   | 107   | Time and Stress Mgmt                    |     | 2      | _____ |
| SHS   | 113   | Ethics for SHS Professionals            | **  | 3      | _____ |
| SHS   | 114   | Interviewing & Counseling               |     | 5      | _____ |
| SHS   | 117   | Crisis Intervention                     |     | 2      | _____ |
| SHS   | 121   | Case Mgmt & Community Resources         |     | 3      | _____ |
| SHS   | 145   | Survey of Disabling Conditions          |     | 4      | _____ |
| SHS   | 170   | HIV/AIDS Training for Hlth Professional | **  | 1      | _____ |
| SHS   | 185   | Human Growth & Development:CD           | OR  | _____  | _____ |
| EDUC  | 185   | Human Growth & Development:CD           | OR  | _____  | _____ |
| SHS   | 186   | Youth & Adolescence Development:CD      |     | 5      | _____ |
| SHS   | 216   | Adv. Counseling Methods                 |     | 5      | _____ |
| SHS   | 219   | Working with Diverse Populations        |     | 3      | _____ |
| SHS   | 260   | Managing Difficult Behaviors            |     | 2      | _____ |

**Explanatory Notes**

\* Any MATH course numbered 100 or higher

\*\* Those interested in the substance abuse area should take ACD 113 instead of SHS 113, and ACD 170 instead of SHS 170

**IV Electives (choose at least 22 credits from one cluster or see SHS advisor to create an individualized plan)**

Students are required to complete 22 more elective credits of coursework to satisfy the minimum ninety credits required for this degree. Course work and credits that satisfy the requirements for one of the departmental certificates can be credited towards the needed 22 credits required for this degree. Please note that if a course required for a certificate is included amongst the core courses listed above, it cannot be used again to fulfill the elective requirements. Students who have not or do not plan to complete a certificate are encouraged to select a set of courses from within one of the specialty areas identified below and are strongly urged to consult with their faculty adviser regarding their career objectives, interests, and appropriate course work.

**Recommended Courses**

| Course  | Qtr   | Credit | Grade |
|---|-------|--------|-------|
| <b>Activities, Recreation and Health &amp; Wellness</b> |       |        |       |
| FSS 195 Building Partnerships                           | _____ | 3      | _____ |
| HLTH 105 Emergency Response/CPR                         | _____ | 4      | _____ |
| MGMT 107 Event Planning                                 | _____ | 5      | _____ |
| SHS 135 Therapeutic Horticulture                        | _____ | 3      | _____ |
| SHS 151 Therapeutic Activities                          | _____ | 3      | _____ |
| SHS 161 Aging in America                                | _____ | 4      | _____ |
| SHS 261 Creative Therapies                              | _____ | 2      | _____ |
| SHS 255 Special Topic_____                              | _____ | 2      | _____ |
| MGMT _____  | _____ | _____  | _____ |
| HSPTR _____   | _____ | _____  | _____ |

**Case Management, Mental Health and Rehabilitation Services**

|  |       |   |       |
|--|-------|---|-------|
| FSS 186 Home Visiting Skills                       | _____ | 2 | _____ |
| FSS 195 Building Partnerships                      | _____ | 3 | _____ |
| SHS 119 Vocational Consulting ***                  | _____ | 4 | _____ |
| SHS 140 Intro to Rehabilitation ***                | _____ | 4 | _____ |
| SHS 217 Family Focused Practice                    | _____ | 4 | _____ |
| SHS 218 Management of Adult Mental Illness         | _____ | 4 | _____ |
| SHS 242 Medication Management                      | _____ | 2 | _____ |
| SHS 244 Assessment & Evaluation: Mental Health *** | _____ | 2 | _____ |

\*\*\* Those planning to work as Vocational Rehabilitation Technicians should be sure to take the starred courses

**Children & Youth Services**

|  |       |   |       |
|--|-------|---|-------|
| ACD 251 Youth Assessment & Treatment           | _____ | 3 | _____ |
| FSS 175 Intro to Family Support                | _____ | 3 | _____ |
| FSS 186 Home Visiting skills                   | _____ | 2 | _____ |
| FSS 195 Building Partnerships                  | _____ | 3 | _____ |
| SHS 112 Child & Family Welfare                 | _____ | 3 | _____ |
| SHS 186 Youth & Adolescent Development:CD **** | _____ | 5 | _____ |
| SHS 200 Substance Abuse Prevention             | _____ | 3 | _____ |
| SHS 217 Family Focused Practice                | _____ | 4 | _____ |
| SHS 255 Special Topic_____                     | _____ | 2 | _____ |

\*\*\*\* SHS 186 should be taken in addition to SHS 185 Human Growth & Development for this cluster

**Family Support Services**

|  |       |   |       |
|--|-------|---|-------|
| FSS 175 Introduction to Family Support             | _____ | 3 | _____ |
| FSS 185 Parent Development: Working with Groups:CD | _____ | 3 | _____ |
| FSS 186 Home Visiting Skills                       | _____ | 2 | _____ |
| FSS 195 Building Partnerships                      | _____ | 3 | _____ |
| FSS 210 Leadership                                 | _____ | 3 | _____ |
| FSS 215 Family Systems:CD                          | _____ | 3 | _____ |
| FSS 198 Individual Project in Family Support ***** | _____ | 2 | _____ |
| SHS 112 Child & Family Welfare                     | _____ | 3 | _____ |
| SHS 255 Special Topic_____                         | _____ | 1 | _____ |

\*\*\*\*\* Permission of FSS faculty adviser required

Student Name: \_\_\_\_\_

Student ID \_\_\_\_\_

| Course                 |     |  | Qtr   | Credit | Grade |
|------------------------|-----|--|-------|--------|-------|
| <b>Senior Services</b> |     |  |       |        |       |
| FSS                    | 175 | Intro to Family Support                      | _____ | 3      | _____ |
| HLTH                   | 105 | Emergency Response/CPR                       | _____ | 4      | _____ |
| SHS                    | 140 | Intro to Rehabilitation                      | _____ | 4      | _____ |
| SHS                    | 161 | Aging in America                             | _____ | 4      | _____ |
| SHS                    | 162 | Aging & Health                               | _____ | 3      | _____ |
| SHS                    | 165 | Death, Dying, and Bereavement                | _____ | 3      | _____ |
| SHS                    | 255 | Special Topic_____                           | _____ | 2      | _____ |
| <b>Substance Abuse</b> |     |  |       |        |       |
| ACD                    | 215 | Group Counseling-Chemical Dep. Professionals | _____ | 3      | _____ |
| ACD                    | 242 | Pharmacology & Physiology Alcohol/Drugs      | _____ | 4      | _____ |
| ACD                    | 245 | Alc/Chem Dep Counseling                      | _____ | 3      | _____ |
| ACD                    | 246 | Chem Dep and the Family                      | _____ | 3      | _____ |
| ACD                    | 247 | Case Management for ACD                      | _____ | 2      | _____ |
| ACD                    | 249 | Relapse Prevention                           | _____ | 2      | _____ |
| ACD                    | 251 | Youth Assess/Treat ACD                       | _____ | 3      | _____ |
| ACD                    | 255 | Special Topic_____                           | _____ | 2      | _____ |
| SHS                    | 200 | Substance Abuse Prevention                   | _____ | 3      | _____ |

**NOTE**  
*Through careful selection of elective courses, students may qualify for both an ATA and one of the Certificates offered by the Department after completing ninety credits of course work*

|                     |      |                  |      |
|---------------------|------|------------------|------|
|                     |      |                  |      |
| Adviser's Signature | Date | Dean's Signature | Date |