



20000 68th Ave W
Lynnwood, WA 98036-5999
www.edcc.edu

Social and Human Services Senior Services and Activities Certificate Program Requirements 2011-2012

Student Name: _____

Student ID: _____

Program Description The Senior Services and Activities Certificate provides students with the basic knowledge, skills and abilities for entry-level employment working with seniors and with other populations where activities are helpful in increasing quality of life. It is intended for students with some prior education and training in Human Services, Health Care or related fields who wish to expand their scope of practice. The certificate requirements include foundational courses, a set of specialty courses focused on increasing knowledge and skills in either senior services or activities, and a hands-on experiential education component.

Settings where this certificate can be helpful include senior centers, retirement homes, adult family homes, skilled nursing care facilities, assisted living communities, adult day care and treatment programs, advocacy programs and community recreation centers.

The senior services courses are designed to provide students with information about the process of aging, and the special circumstances and challenges facing seniors and their families in contemporary society. The activities courses build skills in a variety of modalities of recreation and wellness, such as horticulture, art, music, movement and group interaction.

All students complete a field practicum, jointly supervised by the faculty and professionals, in cooperation with community based agencies. This provides an opportunity to directly apply the knowledge and skills developed in the classroom to a relevant work setting.

Degree Outcomes Upon satisfactory completion of this Certificate, students will be able to

- Demonstrate understanding of human development over the lifespan and its application to services and activities that might be provided to diverse consumer populations
- Identify differing levels of needs of seniors and describe the services and activities that will increase health, wellness and quality of life
- Provide therapeutic and recreational activities under the supervision of an activities director or other supervisor
- Demonstrate necessary skills for ethical and positive work with consumers, such as communication, group interaction, problem solving and crisis management techniques

Outcomes for Edmonds Community College degrees and certificates can be found in the online college catalog at the bottom of each degree or certificate. To find specific outcomes, click on the degree or certificate from the program list in the online catalog at <http://catalog.edcc.edu>.

Common Course Numbering Changes Please refer to www.edcc.edu/ccn for more information.

Credit/Grade Requirements This Certificate requires successful completion of a minimum of **44** credits as outlined. A minimum of 30 credits or one-third of the required credits, whichever is less, must be earned at Edmonds Community College. Students are required to maintain a minimum cumulative grade point average of 2.0 in all college-level courses.

Students are advised to

- Plan their schedule several quarters in advance in order to accommodate courses that are offered only once or twice a year
- Review the college catalog for required course prerequisites and include these in schedule planning
- Communicate with a faculty adviser

Graduation Application A completed Graduation Application form must be submitted to Enrollment Services by the 10th day of the quarter in which the student expects to graduate. Forms are available at Enrollment Services located in Lynnwood Hall, or online at www.edcc.edu/credentials/

Advisers The advisers for this program are

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College Resources

Department Website	http://shs.edcc.edu/
Home Page	http://www.edcc.edu
How to Enroll	http://getstarted.edcc.edu
Transfer Center	http://transfer.edcc.edu
Advising appointments	425-640-1458
College Bookstore	http://bookstore.edcc.edu

Course			Qtr	Credit	Grade
I. Core Requirements (26 credits)					
SHS	107	Time & Stress Management	_____	2	_____
SHS	113	Ethics for SHS Professionals	_____	3	_____
SHS	115	Interpersonal & Group Work	_____	4	_____
SHS	117	Crisis Intervention	_____	2	_____
SHS	145	Survey of Disabling Conditions	_____	4	_____
SHS	170	HIV/AIDS for Health Professionals	_____	1	_____
SHS	185	Human Growth and Development:CD OR	_____	_____	_____
EDUC	185	Human Growth and Development:CD	_____	5	_____
SHS	260	Managing Difficult Behaviors	_____	2	_____
FSS	175	Intro to Family Support	_____	3	_____
II. Specialty Cluster (choose minimum of 12 credits)					
Senior Services					
HLTH	105	Emergency Response/CPR	_____	4	_____
SHS	161	Aging in America	_____	4	_____
SHS	162	Aging and Health	_____	3	_____
SHS	165	Death, Dying & Bereavement	_____	3	_____
SHS	255	Special Topics	_____	2	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
Activities					
HLTH	105	Emergency Response/CPR	_____	4	_____
SHS	135	Therapeutic Horticulture	_____	3	_____
SHS	140	Intro to Rehabilitation	_____	4	_____
SHS	151	Therapeutic Activities	_____	3	_____
SHS	261	Creative Therapies	_____	2	_____
SHS	255	Special Topics	_____	2	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
III. Career Management (6 credits)					
SHS	210	Pre-Practicum Seminar	_____	2	_____
SHS	211	Field Practicum I	_____	4	_____
IV. Recommended Electives					
FSS	195	Building Partnerships	_____	3	_____
MGMT	107	Event Planning	_____	5	_____

Adviser's Signature	Date	Dean's Signature	Date